

# **DAV PUBLIC SCHOOL BALLABHGARH** CLAS<u>SES VI TO VIII</u>

Duration: June 2 to June 10, 2021

- Activity 1 is compulsory for all participants •
- Please choose one from Activity 2 and Activity 3.
- Please choose one from Activity 4 and Activity 5.

Activity 1- Yoga / Sports

#### Time : 8 am to 9 am

- **4 General Exercises**
- **4** Yoga Postures
- Information on Balanced Diet
- **4** Online Chess Practice



#### **Activity 2: Creative Art**



# Time : 9:15 am to 10:10 am

**Stone Painting** Pot Painting Knife/Spatula Painting Abstract Paintina **Coffee Art** Pulses and Nuts Art Clay Art

## Activity 3: Music & Dance

Time : 9:15 am to 10:00 am a. Instrumental Music Harmonium/ Casio Tabla

b. Dance –
Folk dance
Classical dance (Khatak)



Note: -

- 1. Participants can choose any one from (a) Instrumental Music and (b) Dance
- 2. Students must have their own instruments to join Instrumental Music.
- 3. Further Participants have to choose one dance form Folk Dance or Classical Dance.

Activity 4: Fun with Maths

# TIME : 10:15 AM TO 11 AM

Activities by paper cutting and folders which will include the concept of formulae of areas & volumes of 2D/3D figures and algebraic identities

## **Activity 5: Personality Development**



#### Time : 10:15 am to 11 am

The Personality Development sessions aims at sparking your imagination, so you can express yourself with confidence that goes beyond their English language skills. This integrates all four skills that is Listening, Speaking, Reading and Writing along with language (grammar and vocabulary), and tasks mirroring real-life language use in an online classroom.

<u>Register Now through the link given below</u>

https://forms.gle/uAK2eMbMMxJbjSRt7

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